VEGETABLES No.Q 103 01

BEANS, WHITE IN TOMATO SAUCE (CANNED)

Yield 100 Portion 3/4 Cup

	Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
I	198 cal	37 g	10 g	3 g	13 mg	775 mg	99 mg

IngredientWeightMeasureIssueBEANS,BAKED,W/PORK,CANNED41-1/4 lbs4 gal 2-1/2 qts

Method

- 1 Place in steam-jacketed kettle or stock pot.
- 2 Heat to a simmer. Simmer about 10 minutes, stirring gently. DO NOT BOIL. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.
- 3 Place in serving pans. Garnish if desired. CCP: Hold for service at 140 F. or higher.