

TABLE OF WEIGHTS AND MEASURES FOR CAN SIZES

CAN SIZE	AVERAGE NET WEIGHT OR FLUID MEASURE PER CAN (SEE NOTE)	AVERAGE CUPS PER CAN	APPROX. CANS PER CASE	NO. CANS EQUIV. NO. 10 CN
No. 10	6 lb 8 oz	12-1/2	6	1
No. 3 cyl	3 lb 2 oz (46 fl oz)	5-3/4	12	2
No. 3 (vacuum)	1 lb 7 oz	2-3/4	24	4-1/2
No. 2-1/2	1 lb 12 oz	3-1/2	24	4
No. 2	1 lb 4 oz	2-1/3	24	5
No. 303	1 lb	2	24	7
No. 300	14 oz	1-3/4	24	7
No. 2 (vacuum)	12 oz	1-1/2	24	8
No. 1 picnic	11 oz	1-1/4	48	10

NOTE: The net weight on can or jar labels differs among foods due to different densities of foods. For example: A No. 10 cn contains 6 lb 3 oz sauerkraut or 7 lb 5 oz cranberry sauce.