

FRUIT PUNCH

Yield 100

Portion 1-1/4 Cups

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
117 cal	30 g	0 g	0 g	0 mg	10 mg	15 mg

Ingredient

SUGAR,GRANULATED
 WATER
 JUICE,GRAPEFRUIT,CONCENTRATE,FROZEN
 JUICE,LEMON
 JUICE,PINEAPPLE,CANNED,UNSWEETENED
 WATER,COLD
 ICE CUBES

Weight

4-1/4 lbs
 12-1/2 lbs
 3-2/3 lbs
 1-1/8 lbs
 6-5/8 lbs
 33-1/2 lbs
 9-5/8 lbs

Measure

2 qts 1-5/8 cup
 1 gal 2 qts
 1 qts 2 cup
 2 cup
 3 qts
 4 gal
 3 gal

Issue

Method

- 1 Dissolve sugar in water. Cool.
- 2 Add juices and water to sugar solution. Mix thoroughly. Cover and refrigerate.
- 3 Add ice just before serving.

Notes

- 1 In Step 2, 1-1/2 gallons of canned grapefruit juice may be used. Reduce water to 2-3/4 gallons per 100 servings.
- 2 In Step 2, 2 quarts of fresh lemon juice may be used. Reduce water to 3-1/2 gallon per 100 servings.