CEREALS AND PASTA PRODUCTS No.E 005 04 RICE WITH PARMESAN CHEESE

Yield 100			Portion 3/4 Cup			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
187 cal	32 g	5 g	4 g	4 mg	329 mg	95 mg
<u>Ingredient</u> RICE,LONG GRAIN WATER,COLD SALT OIL,SALAD MARGARINE,MELTED CHEESE,PARMESAN,GRATED				Weight 8-1/2 lbs 23 lbs 1-7/8 oz 1-1/2 oz 8 oz 1-1/8 lbs	Measure 1 gal 1-1/4 qts 2 gal 3 qts 3 tbsp 3 tbsp 1 cup 1 qts 1 cup	<u>Issue</u>

Method

1 Combine rice, water, salt, and salad oil; bring to a boil. Stir occasionally.

2 Cover tightly; simmer 20 to 25 minutes. DO NOT STIR.

3 Remove from heat; transfer to shallow serving pans. Add melted butter to rice. Mix well to coat rice. Add grated Parmesan cheese. Toss well. CCP: Hold for service at 140 F. or higher.