## MEAT, FISH, AND POULTRY No.L 126 01 FRIED OYSTERS (BREADED, FROZEN)

Yield 100			<b>Portion</b> 6 Each			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
219 cal	10 g	8 g	16 g	73 mg	378 mg	56 mg
Ingredient OYSTERS,BREADED,IQF				<u>Weight</u> 25 lbs	<u>Measure</u>	Issue

## Method

1 Fry oysters for 3 to 5 minutes or until lightly browned in 375 F. deep fat. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.

2 Drain well in basket or on absorbent paper. CCP: Hold for service at 140 F. or higher.