## MEAT, FISH, AND POULTRY No.L 155 00 FRIED CHICKEN (8 PC)

Yield 100			Portion 8 Ounces			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
496 cal	14 g	46 g	27 g	144 mg	553 mg	29 mg
<u>Ingredient</u> CHICKEN, 8 PIECE CUT FLOUR,WHEAT,GENERAL PURPOSE SALT PEPPER,BLACK,GROUND PAPRIKA,GROUND				Weight 82 lbs 3-7/8 lbs 3-3/4 oz 7/8 oz 1/2 oz	Measure 3 qts 2 cup 1/4 cup 2-1/3 tbsp 1/4 cup 1/3 tbsp 2 tbsp	<u>Issue</u>

## **Method**

1 Wash chicken thoroughly under cold running water. Drain well

2 Dredge chicken pieces in mixture of flour, salt, pepper and paprika; shake off excess.

3 Fry until golden brown or until done in 325 F. deep fat. CCP: Internal temperature must reach 165 F. or higher for 15 seconds.

4 Drain well in basket or on absorbent paper. CCP: Hold for service at 140 F. or higher.

## <u>Notes</u>

1 Approximate frying time for cut-up 8 piece chicken is: Wings, 5 to 7 minutes; Legs, 10 to 13 minutes; Thighs, 10 to 15 minutes; Breasts, 10 to 15 minutes.