

## **Army Policy for Field Feeding**

The approved feeding standard for the AFFS is three quality meals per day. This standard is achieved by using a combination of unitized group rations (UGRs) and individual operational rations. The normal daily ration mix for the AFFS is UGR/individual meal/UGR, mission enemy troop time-terrain (METT-T) dependent. Force structure (cook personnel) and equipment is sufficient to distribute, prepare, and serve meals to meet this standard.

- The UGR-A replaces the multi-line item "A" ration for all field feeding scenarios. Use of the UGR-A is mandatory when a commander chooses the "A" ration option. The UGR-heat and serve (H&S) is the other group ration commanders may choose. METT-T does not permit use of the UGR-A.
- The UGR must be supplemented with bread and milk, which are mandatory items required to comply with the Surgeon General's nutrition requirement. The UGR may also be enhanced with optional items that improve nutrition and increase morale. Only authorized enhancements will be used. The authorized enhancements are contained in DA Pam 30-22.
- The RC will use the UGR family of rations during annual training in the field conducted at an Active Army installation; however, use during IDT is optional. Additionally, RC may elect a multiline "A" ration option when performing AT at an Active Army installation and not in a field status. This option may be exercised by using the local command approved prime vendor contractor or commercial source to supply the subsistence items.
- Use of the meal, ready to eat (MRE), as the sole ration will not exceed 21 days in accordance with the Surgeon General's policy.

Learn more about the Army Policy for Field Feeding in AR 30-22, Section 4-2.