

SCRAMBLED EGGS (DEHYDRATED EGG MIX)

Yield 100

Portion 1/3 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
166 cal	1 g	12 g	12 g	451 mg	140 mg	62 mg

Ingredient

EGG MIX,DEHYDRATED
 WATER,WARM
 OIL,SALAD

Weight

5-3/4 lbs
 15-2/3 lbs
 3-7/8 oz

Measure

5 #3cyl
 1 gal 3-1/2 qts
 1/2 cup

Issue

Method

- 1 Combine egg mix and warm water.
- 2 Pour about 1 quart eggs on 325 F. lightly greased griddle. Cook slowly until firm or until there is no visible liquid egg, stir occasionally. CCP: Internal temperature must reach 145 F. or higher for 15 seconds. Hold at 140 F. or higher.

Notes

- 1 Using a 350 F. convection oven, bake 18 to 25 minutes on high fan, closed vent. After 12 minutes, stir every 5 minutes.