MEAT, FISH, AND POULTRY No.L 043 00 BEEF FAJITAS (FAJITA STRIPS)

Yield 100				Portion 2 Fajitas		
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
458 cal	59 g	27 g	13 g	51 mg	1081 mg	148 mg
Ingredient				<u>Weight</u>	<u>Measure</u>	Issue
JUICE,LIME				1-1/2 lbs	3 cup	
SALT				3 oz	1/4 cup 1 tbsp	
GARLIC POWDER				2-3/8 oz	1/2 cup	
ONION POWDER				1-1/8 oz	1/4 cup 1 tbsp	
PEPPER,BLACK,GROUND				3/4 oz	3-1/3 tbsp	
CUMIN,GROUND				1/3 oz	1 tbsp	
PEPPER,RED,GROUND				1/4 oz	1 tbsp	
TOMATOES,CANNED,CRUSHED,DRAINED				7-1/4 lbs	1 #10cn	
BEEF,FAJITA STRIPS				18 lbs		
TORTILLAS,FLOUR,8 INCH				19-1/8 lbs	200 each	
COOKING SPRAY, NONSTICK				2 oz	1/4 cup 1/3 tbsp	
ONIONS,FRESH,1/4"" STRIPS				5-1/8 lbs	1 gal 1 qts	5-5/8 lbs
PEPPERS,GREEN,FRESH,JULIENNE				5 lbs	3 qts 3-1/4 cup	6-1/8 lbs
COOKING SPRAY, NONSTICK				2 oz	$1/4 \operatorname{cup} 1/3 \operatorname{tbsp}$	
SALSA					3 qts 2 cup	

Method

- 1 Combine lime juice, salt, garlic powder, onion powder, black pepper, cumin, tomatoes and red pepper. Stir well to blend.
- 2 Pour mixture over beef strips. Mix thoroughly to evenly distribute seasonings around all surfaces of beef. Cover. CCP: Marinate under refrigeration at 41 F. or lower for 45 minutes for use in Step 5.
- 3 Wrap tortillas in foil; place in a 150 F. oven or in a warmer for 15 minutes or until tortillas are soft and pliable.
- 4 Lightly spray griddle with non-stick cooking spray. Grill onions and peppers 6 to 8 minutes while tossing intermittently; lightly spray with cooking spray as needed.
- 5 Lightly spray griddle with non-stick cooking spray. Grill beef strips 3 to 4 minutes or until lightly browned while tossing intermittently; lightly spray with cooking spray as needed. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.
- 6 Place 6 to 7 cooked fajita strips (3 oz.), 3 tbsp onion/sweet pepper mixture in center of each tortilla. Roll tortilla tightly around mixture. Secure tortilla with a toothpick.
- 7 Serve with 2 tbsp of salsa. Use batch preparation methods to prevent the fajitas from getting soggy. CCP: Hold for service at 140 F. or higher.