MEAT, FISH, AND POULTRY No.L 109 05

FRIED CHICKEN FILLET NUGGETS

Yield 100 Portion 10 Each

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
521 cal	20 g	24 g	39 g	57 mg	1020 mg	53 mg

<u>Ingredient</u> <u>Weight</u> <u>Measure</u> <u>Issue</u>

CHICKEN NUGGET, BREADED, PRECOOKED, IQF 32-1/4 lbs

Method

- 1 Fry nuggets at 350 F. in deep fat fryer for 2-1/2 to 3 minutes or until thoroughly heated. CCP: Internal temperature must reach 165 F. or higher for 15 seconds.
- 2 Drain in basket or on absorbent paper. CCP: Hold for service at 140 F. or higher.