MEAT, FISH, AND POULTRY No.L 225 00

ORANGE & ROSEMARY HONEY GLAZED PORK CHOPS

Yield 100 Portion 1 Chop

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|----------|---------------|---------|------|-------------|--------|---------|
| 458 cal | 28 g | 40 g | 20 g | 99 mg | 171 mg | 18 mg |

| <u>Ingredient</u> | Weight | Measure | <u>Issue</u> |
|------------------------|------------|--------------------|--------------|
| PORK,LOIN CHOPS,5 OZ | 31-1/4 lbs | | |
| OIL,OLIVE | 11-3/8 oz | 1-1/2 cup | |
| JUICE,ORANGE | 6-5/8 lbs | 3 qts | |
| JUICE,LEMON | 2-1/8 lbs | 1 qts | |
| GARLIC POWDER | 1-1/4 oz | 1/4 cup 2/3 tbsp | |
| ROSEMARY,GROUND | 1-1/3 oz | 1/2 cup 3-1/3 tbsp | |
| SALT | 7/8 oz | 1 tbsp | |
| PEPPER,BLACK,GROUND | 1/3 oz | 1 tbsp | |
| COOKING SPRAY,NONSTICK | 2 oz | 1/4 cup 1/3 tbsp | |
| HONEY | 6 lbs | 2 qts | |
| CORNSTARCH | 6-3/4 oz | 1-1/2 cup | |
| WATER,COLD | 3-1/8 lbs | 1 qts 2 cup | |

Method

- 1 Place 15 lb 10 oz pork chops in each roasting pan; cover.
- 2 Combine olive oil, orange juice, lemon juice, garlic powder, rosemary, salt and pepper; mix well.
- 3 Pour 2 quarts marinade over pork chops in each roasting pan; cover. CCP: Marinate under refrigeration at 41 F. or lower for 45 minutes.
- 4 Drain pork chops. Reserve marinade. CCP: Refrigerate remaining marinade at 41 F. or lower for use in Step 7.
- 5 Spray griddle with cooking spray. Grill pork chops 2 minutes in each side.
- 6 Transfer pork chops to 4-12x20x2-1/2 inch steam table pans.
- 7 Bring reserved marinade to a boil. Add honey and stir to blend. Blend cornstarch and cold water together; stir to make a smooth slurry. Add slurry to hot sauce, stirring constantly. Cover; reduce heat; simmer 3 to 5 minutes or until thickened, stirring frequently to prevent sticking.
- 8 Pour 7-1/2 cups thickened sauce over pork chops in each pan; cover.
- 9 Using a convection oven, bake 20 to 25 minutes on high fan, open vent. CCP: Internal temperature must register 155 F. or higher for 15 seconds. Hold for service at 140 F. or higher.