

MONTE CRISTO SANDWICH

Yield 100

Portion 1 Sandwich

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
439 cal	27 g	26 g	25 g	154 mg	905 mg	360 mg

Ingredient

HAM,COOKED,BONELESS
 TURKEY,BNLS,WHITE AND DARK MEAT
 CHEESE,SWISS,SLICED
 BREAD,WHITE
 MILK,NONFAT,DRY
 WATER
 EGGS,WHOLE,FROZEN
 OIL,SALAD

Weight

6-1/4 lbs
 6-1/4 lbs
 6-1/4 lbs
 11 lbs
 2-2/3 oz
 2-7/8 lbs
 5 lbs
 1-7/8 lbs

Measure

100 sl
 200 sl
 1-1/8 cup
 1 qts 1-1/2 cup
 2 qts 1-3/8 cup
 1 qts

Issue

Method

- 1 Slice ham and turkey into 1 ounce thin slices.
- 2 Place 1 slice each ham, turkey and cheese on 1 slice bread; top with second slice of bread.
- 3 Reconstitute milk; add eggs. Blend well.
- 4 Dip each side of sandwich into egg and milk mixture; drain.
- 5 Grill each sandwich on well-greased griddle at 350 F. for about 2-1/2 minutes on each side or until golden brown and cheese is melted.
- 6 Serve hot. CCP: Hold for service at 140 F. or higher.